



FINAL SCHEDULE
UW INDOOR PREVIEW
DEMPSEY INDOOR
JANUARY 12, 2013

FIELD EVENTS

9:00 am: Pole Vault (W/M*), Flight 1
9:00 am: Long Jump (W/M*)
10:00 am: High Jump (W), 2 pits
10:00 am: Shot Put (W)
10:00 am: Weight Throw (M)
1:00 pm: Pole Vault (M/W*), Flight 2
12:30 pm: High Jump (M), 2 pits
2:00 pm: Shot Put (M)
2:00 pm: Weight Throw (W)
2:00 pm: Triple Jump (W/M*)
4:00 pm: Weight Throw (Masters/HS)

***IF SCHEDULE ALLOWS WE WILL MOVE 15 MINUTES AHEAD OF SCHEDULE**

***The Women's & Men's Pole Vault, Long Jump, and Triple Jump Sections will be conducted simultaneously on two adjacent runways.**

***The High Jump will be conducted using 2 pits, a high pit and a low pit will be designated at the beginning of the competition.**

***In the Women's & Men's Shot Put/Weight Throw, start times are an estimate and we will move ahead of schedule in order to accommodate the best interest of the athletes.**

***CHECK-IN: ALL ATHLETES MUST CHECK IN 60 MINUTES PRIOR TO EVENT OR RISK BEING SCRATCHED!**

RUNNING EVENTS

8:00 am: 3000m Run, (W) Heat 1 & 2
8:25 am: 3000m Run, (M) Heats 1 & 2
9:00 am: 60m Hurdles, Prelim (W) 10 Heats
9:30 am: 60m Hurdles, Prelim (M) 5 Heats
9:55 am: 60m Dash, Prelim (W) 11 Heats
10:30 am: 60m Dash, Prelim (M) 10 Heats
11:00 am: 60m Hurdles, Final (W) 2 Heats
11:07 am: 60m Hurdles, Final (M) 2 Heats
11:15 am: 60m Dash, Final (W) 2 Heats
11:22 am: 60m Dash, Final (M) 2 Heats
11:30 am: 60m Dash, (Masters) 2 Heats
11:40 am: Mile Run (W) 3 Heats
12:02 pm: Mile Run (M) 4 Heats
12:30 pm: 400m Dash (W) 9 Heats
12:58 pm: 400m Dash (M) 6 Heats
1:25 pm: 800m Run (W) 4 Heats
1:42 pm: 800m Run (M) 5 Heats
2:10 pm: 600m Run (W) 3 Heats
2:26 pm: 600m Run (M) 4 Heats
2:42 pm: 200m Dash (W) 13 Heats
3:22 pm: 200m Dash (M) 10 Heats
4:00 pm: 4x800 (W) 1 Heat
4:15 pm: 4x800 (M) 1 Heat
4:30 pm: 3000m Run (W) Heats 3 & 4
5:00 pm: 3000m Run (M) Heats 3 & 4
5:30 pm: 4x400m Relay (W) 3 Heats
5:45 pm: 4x400m Relay (M) 3 Heats